



COLLINGWOOD HALF MARATHON | 10K | 2K KIDS RACES

**VOLUNTEER ORIENTATION
MEETING**



COURSE MARSHALS, TRAFFIC & POLICE.

ENSURING SAFETY

WHAT DOES A COURSE MARSHAL DO?

- ▶ Stand in their assigned position long enough for the race to pass (lead police car to trailing police car)
- ▶ Ensure runners know which way to go
- ▶ Ensure drivers or any other member of the public do not adversely affect the safety of participants
- ▶ Cheer and encourage runners!
- ▶ Be prepared with mobile phone to call for help if needed

WHAT DOES A COURSE MARSHAL DO?

- ▶ For all cases of emergency requiring police/fire/ambulance attend the scene call 911 first! Call members of the emergency response team 2nd.
- ▶ For all non emergency reports/inquiries/concerns call the ERP contact on the ERP document.
- ▶ Race Director Nick Brindisi 705-994-3630 (call/text)
- ▶ Have fun enjoying seeing these amazing athletes run by!

HOW LONG IS A COURSE MARSHAL REQUIRED ON STATION?

- ▶ The race operates with the cooperation of 21 OPP officers who do traffic control at intersections
- ▶ At the head of the race is the lead police cruiser and at the end of the race another cruiser trails the last runner
- ▶ Course marshals are needed to be on station at least 15 minutes ahead of the lead cruiser's arrival with barricade in place if applicable
- ▶ Course marshals can leave their station after the trailing cruiser passes their position

HOW LONG IS A COURSE MARSHAL REQUIRED ON STATION?

- ▶ Barricades provided should be in place 15 minutes before the lead cruiser arrives and removed after the trailing cruiser passes
- ▶ Please wear the reflective safety vest provided for your own safety
- ▶ Race Director Nick Brindisi 705-994-3630 - contact if it's a serious problem otherwise your section captain.



WATER STATION STAFF.

ATHLETE HYDRATION

WHAT DOES A WATER STATION VOLUNTEER DO?

- ▶ Water station people provide much needed hydration to runners in the form of water & Gatorade
- ▶ We pre-deliver water station tables, water jugs, Gatorade jugs, cups, pitchers, garbage bags and rakes at each station
- ▶ Upon arrival set up a good number of cups half filled with Gatorade or Water. Half the cups should be water and half Gatorade.
- ▶ Offer water to runners after first offering it by yelling "Gatorade" or "Water" as they approach.

WHAT DOES A WATER STATION VOLUNTEER DO?

- ▶ Runners after hearing your call will head straight towards whichever beverage they chose (Gatorade or Water)
- ▶ Some runners will slow or even stop and some will try to keep moving and drink on the run
- ▶ Try to hand off the water in a way that matches their speed and results in minimal spillage
- ▶ Cheer runners on!
- ▶ Please wear the reflective safety vest provided for your own safety

AFTER THE TRAILING POLICE CAR PASSES

- ▶ We could not repeat this event in the Town of Collingwood annually if we leave a mess
- ▶ Runners will leave a mess! They will throw the cup down fairly close to the station after they pass. After the race please rake up the cups and place them in the garbage bags provided. We will pick up all garbage when we gather up all our equipment.
- ▶ Please wait until the trailing police car passes and the race ends officially

WATER STATION LOCATIONS

- ▶ Station #1 - Starting Line - Corner of 6th St. and 10th Line
- ▶ Station #2 - 3.2k - Espresso Post - 139 Hurontario St Collingwood
- ▶ Station #3 - 6k - Raglan St. at the T-intersection of Connell St. Just north of Ron Emo Road
- ▶ Station #4 9k N/W corner of Raglan and Poplar Side Road - Hydrant on NW corner
- ▶ Station #5 - 13k - Roundabout at High and Poplar S.R. (Saunders St. on the west side at Poplar)
- ▶ Station #6 - 16k - Poplar Sideroad at Osler Pines - Just east of Osler Bluff Rd. at top of the hill.
- ▶ Station #7 - 19k - 6th St. at Windrose Valley Blvd. Hydrant onsite
- ▶ Station #8 Finish - Bygone Days Heritage Village. Water onsite (Quench buggy)
- ▶ Race Director Nick Brindisi 705-994-3630 for questions

WATER STATION LOCATIONS DENOTED BY BLUE "W"



RunCollingwood.ca

Traffic Management Plan - See attached detail drawings
 Section 1 - Fisher Field start to Hurontario
 Section 2 - Hurontario St. to Ontario St.
 Section 3 - Ontario to Raglan St. south of Hume
 Section 4 - Raglan to Poplar at Georgian College campus
 Section 5 - Poplar to 10th Line
 Section 6 - 10th Line to
 Section 7 - 10th line to Grey 21
 Section 8 - Grey 21 to 6th St
 Section 9 - 6th St to Bygone Days finish

OPP Assignments (see detail maps)
 P1 - Lead cruiser
 P2 - Tall Cruiser
 P3 - Start/Finish
 P4 a - 6th & High
 b - Redeploys to cover Poplar and Tenth Line
 P5 a - 6th & Hurontario
 b - Redeploys to Hurontario & Poplar.
 P6 a - Hume & Hurontario
 b - Redeploys to Poplar and Raglan
 P7 a - 4th & Hurontario
 b - Roundabout at High & Poplar.
 P8 - 3rd & Hurontario
 P9 - 2nd & Hurontario
 P10 - Simcoe & St. Paul
 P11 - St. Paul & Ontario
 P12 - Raglan & Hume northwest
 P13 - Raglan & Hume southeast
 P14 - Raglan & Ron Emo Rd. traffic
 P15 - Sanford Fleming & 6th Line
 P16 - 6th Line & Poplar
 P17 - Hurontario & Poplar. (2 OPP)
 *Will be joined by P5 from 6th & Hurontario.
 P18 - Roundabout at High & Poplar. (2 OPP)
 *Will be joined by P7 from 6th & High.
 P19 - Poplar and Collingwood Town line
 P20 - Collingwood Town Line and Grey 19
 P21 - Collingwood Town Line and 6th St.



- Half Marathon Course
- Municipal Roads
- Provincial Highway 26
- Water Station
- Porta-potty
- Signalized Intersection
- Course Marshals
- 21 Paid Duty OPP - P1 to P21

Aid stations #1 to #9 - 12 tables
 Aid Station #7 Bygone -



BICYCLE PATROL

MOBILE MARSHALS

MOBILE COURSE MARSHALS

- ▶ The bike patrol is a small but crucial team who are able to be agile and move along the course ensuring safety and rendering assistance if needed
- ▶ Similar duties to stationary course marshals except on the move and able to spot potential problems and remedy
- ▶ As with other marshals emergency protocol is to call 911 first and notify ERP contacts 2nd. We want to know if an incident happens but in no way do we want to delay arrival of emergency police/fire/ambulance personnel

MOBILE COURSE MARSHALS

- ▶ As any good samaritan would do and under protection of law as such it is up to the judgement of any bike patroller who may have first aid or CPR training to render assistance of this nature if warranted. Again, call 911 in case of emergency first, however rendering first aid or CPR has the potential to save a life
- ▶ Be a mobile cheering squad! It is more than likely that there will be no emergency situations and the bulk of the job is watching for runners who may be in distress or just looking like they need some encouragement.

MOBILE COURSE MARSHALS

- ▶ Watch for cars that may impatiently try to cross the course or interfere in any way and report to nearest police. Refer to map for locations of police officers
- ▶ It is truly common sense and as cyclists you are likely already aware of the type of situations that may arise if everyone doesn't share the road. Use police to resolve if drivers don't listen to your suggestions. Do not engage further than advising them about staying clear of the race.

MOBILE COURSE MARSHALS

- ▶ The course is divided up into zones and each patroller will be assigned a section
- ▶ Head bike patroller Alice Parke-Ficko 416-522-7008

POLICE ON COURSE DENOTED BY THE BADGE SYMBOL (P1, P2 ETC)



RunCollingwood.ca

Traffic Management Plan - See attached detail drawings
 Section 1 - Fisher Field start to Hurontario
 Section 2 - Hurontario St. to Ontario St.
 Section 3 - Ontario to Raglan St. south of Hume
 Section 4 - Raglan to Poplar at Georgian College campus
 Section 5 - Poplar to 10th Line
 Section 6 - 10th Line to
 Section 7 - 10th line to Grey 21
 Section 8 - Grey 21 to 6th St
 Section 9 - 6th St to Bygone Days finish

OPP Assignments (see detail maps)
 P1 - Lead cruiser
 P2 - Tall Cruiser
 P3 - Start/Finish
 P4 a - 6th & High
 b - Redeploys to cover Poplar and Tenth Line
 P5 a - 6th & Hurontario
 b - redeploys to Hurontario & Poplar.
 P6 a - Hume & Hurontario
 b - Redeploys to Poplar and Raglan
 P7 a - 4th & Hurontario
 b - Roundabout at High & Poplar.
 P8 - 3rd & Hurontario
 P9 - 2nd & Hurontario
 P10 - Simcoe & St. Paul
 P11 - St. Paul & Ontario
 P12 - Raglan & Hume northwest
 P13 - Raglan & Hume southeast
 P14 - Raglan & Ron Emo Rd. traffic
 P15 - Sanford Fleming & 6th Line
 P16 - 6th Line & Poplar
 P17 - Hurontario & Poplar. (2 OPP)
 *Will be joined by P5 from 6th & Hurontario.
 P18 - Roundabout at High & Poplar. (2 OPP)
 *Will be joined by P7 from 6th & High.
 P19 - Poplar and Collingwood Town line
 P20 - Collingwood Town Line and Grey 19
 P21 - Collingwood Town Line and 6th St.



- Half Marathon Course
- Municipal Roads
- Provincial Highway 26
- W - Water Station
- P - Porta-potty
- S - Signalized Intersection
- * - Course Marshals
- P - 21 Paid Duty OPP - P1 to P21

Aid stations #1 to #9 - 12 tables
 Aid Station #7 Bygone -



COURSE SETUP & TEARDOWN

BUILDING THE RACE

FRIDAY BEFORE THE RACE

- ▶ The volunteers required by noon on the day before the race are required for these tasks:
 - ▶ Place the GTRC 10K marker signs
 - ▶ Place the barricades along the intersections
 - ▶ Pre-filling of Gatorade and water jugs
 - ▶ Loading of road cone trailers
 - ▶ Loading tables, chairs, signs onto cube van

FRIDAY BEFORE THE RACE

- ▶ The volunteers required by noon on the day before the race are required for these tasks:
 - ▶ Pickup of oranges, bananas, bagels for finish line
 - ▶ Placement of garbage containers
 - ▶ Placement of finish line tables and chairs
 - ▶ Putting up tents

WEE HOURS OF SATURDAY MORNING

- ▶ A specialized crew is crucial to success of the race and arrives at 4am:
 - ▶ Two trucks pulling trailers with 2nd volunteer on the trailer set out in opposite directions dropping one road cone every 100 metres.
 - ▶ driver watches odometer and every 50 metres 1/2km signals the trailer cone person to drop one. GPS is ideal for this purpose.
 - ▶ Cones are placed in the middle of the traffic lane as indicated on detailed TMP map

WEE HOURS OF SATURDAY MORNING

- ▶ A specialized crew is crucial to success of the race and arrives at 4am:
 - ▶ Trucks converge after placing all cones back at Fisher field at the rally point in the parking lot off 6th st.
 - ▶ At the same time as cones are dropped, the kilometre marker signs are placed at each kilometre. By watching the odometer the fluorescent km marker should be visible on the road.

WEE HOURS OF SATURDAY MORNING

- ▶ A specialized crew is crucial to success of the race and arrives at 4am:
 - ▶ The cube van sets out also at about 4am dropping the 6 water station's tables, Water/Gatorade jugs etc at each water station location per map
 - ▶ As the timing crew sets up their mats, volunteers at the start and finish lines put up the large start and finish banners, cone the finish chute etc

AFTER THE RACE

- ▶ The teardown crew goes into operation:
 - ▶ Following the trailing cruiser immediately after the start of the half marathon, truck/trailer crews set out to pick up cones
 - ▶ Cone pickers stay well enough behind the cruiser so as not to interfere, but close enough to take advantage of the police still deployed at intersections who may wave them through red lights to keep up

AFTER THE RACE

- ▶ The teardown crew goes into operation:
 - ▶ All signs and all other deployed pieces including water stations are also picked up after the trailing cruiser passes
 - ▶ Cube van loads tables, jugs, garbage and any signs or other gear left on the course
 - ▶ Final sweep to check for missed equipment, garbage etc

**VOLUNTEERS MAKE
SMILING FACES POSSIBLE!**



IN SUPPORT OF
COLLINGWOOD GENERAL & MARINE HOSPITAL FOUNDATION



OUR CHARITY

- ▶ Your volunteering helps us give runners a vehicle to gain pledges & raise money for the G&M Hospital Foundation
- ▶ Thank You so much!